



# Chairside Chatter



WINTER 2019

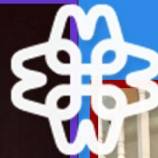
## OFFICE HOURS

**MONDAY-  
THURSDAY**  
7:50AM-4:50PM

**FRIDAY**  
(ADMINISTRATIVE )  
9:00AM- 1:00PM

### Please Note

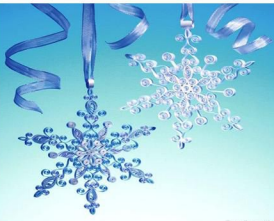
*If you are a patient  
of record and are  
experiencing a  
dental emergency,  
please call  
(410) 828-1177 to  
reach the **Doctor**  
on Call.*



**DR. TOM KELLER**  
& his wife, Linda,  
ready to ring in the  
New Year!



**DR. PAT OUSBORNE,**  
wife, Esther, & son, Luke,  
ready to celebrate the  
holidays with  
family & friends.



## OUSBORNE &

## KELLER, DDS, PA

is proud to be a  
**PRIVATELY  
OWNED**  
(no corporate affiliations)

## DENTAL PRACTICE.

Our office has  
proudly served the  
greater **Baltimore**  
area for over  
**50 YEARS.**



# TEAM O.K.





## ORAL CANCER FACTS:



- Nearly 45,750 Americans will be diagnosed with oral or pharyngeal cancer this year.
- It will cause more than 8,650 deaths, killing roughly one person per hour, 24 hours/day.
- Of those 45,750 newly diagnosed individuals, only slightly more than half will be alive in 5 years.
- One of the real dangers of this cancer is that in its early stages, it can go unnoticed. The good news is that in many cases, a physician or dentist may be able to see or feel the precursor tissue changes, or even the actual cancer while it is still very small or in its earliest stages.
- Oral cancer is typically painless in its early stages but can become painful as it spreads.
- There are many methods of treatment for oral cancer, including: surgery, radiation therapy, and /or chemotherapy. The appropriate treatment(s) will be determined by your physician.

**Routine dental hygiene visits, which include oral cancer screenings, are recommended and you should also see your dentist immediately if you observe any of the following:**

- \* *changes in the way your teeth fit together*
- \* *oral sores that bleed easily or don't heal*
- \* *lumps, thickening, rough spots or crusty or eroded areas in your mouth*
- \* *difficulty swallowing, chewing, speaking, or moving your jaw*

### REMEMBER:

**Successful treatment of oral cancer is dependent on early detection.**

**Regularly check your mouth for any changes  
and visit your dental office, at least every six months.**

## “But it’s just a cleaning...”

How many times have you heard that? How many times have you said that? Reality is that a ‘routine’ visit to **OUSBORNE & KELLER, DDS** is way more than ‘*just a cleaning*’. Not only do we offer a full hour (or more if needed) of personalized uninterrupted attention with your specific hygienist, we also utilize the most advanced technology available. And of course, **Kim** and **Sarah**, our extremely gentle and skillfully trained dental hygienists always go above and beyond the standard ‘cleaning’ because **Drs.’ Ousborne & Keller** just wouldn’t have it any other way!



### Here’s a list of the most common procedures performed at each ‘cleaning’:

- Review/update medical, dental & medication histories
- Check TMJ & occlusion
- Velscope oral cancer screening
- Digital Intraoral images of areas of concern or for comparison
- Examine for tooth decay, broken or fractured teeth
- Check prosthetics for deterioration, looseness & leakage
- Periodontal charting of gums & supporting bone structures
- Apply Flouride and/or desensitizing agent
- Periodontal therapy when necessary
- Record/compare blood pressure
- Extraoral/intraoral examination
- Update necessary radiographs
- Scale & polish teeth
- Clean prosthetics & appliances
- Oral examination by the dentist (when due)
- Personalized oral hygiene instruction
- Customized ‘goodie’ bags
- Administer local antibiotics when necessary

**CALL US TODAY TO SCHEDULE YOUR NEXT PROFESSIONAL PROPHYLAXIS!**



**KRISTEN & Landon** enjoying a day at the snow park.



**KIM** 'relaxing' on the slopes



**SARAH & family** Snowy fun-Day & Night



**AMIE** & friends snowboarding



**KRISTI's** newest family member-  
*Mingo Cooper Straight*



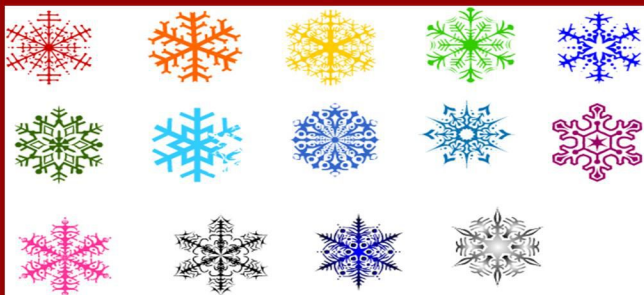
**MICHELE & family** celebrating Thanksgiving



**JENN's** dog,  
*Piper,* playing in the snow



**LAURA & friends** at Xpose



*Just like snowflakes,  
we are all beautiful  
in our own way.*





## OUSBORNE & KELLER, D.D.S., P.A.

21 West Road  
Suite 104  
Towson, MD 21204

Phone: (410) 828-1177

Fax: (410) 828-1252

E-mail: [info@ousborneandkeller.com](mailto:info@ousborneandkeller.com)

We invite you to experience  
**'EXCELLENCE BY CHOICE'.**

**\*\*Please remember to bring your calendar with you so that we may reserve your preferred appointment time.\*\***

### WELCOME READERS!

We are pleased to provide this latest issue of *Chairside Chatter*. Feel free to pass this copy along to a friend and help 'save a tree'.

If you have a friend, family member or colleague who you feel would appreciate our unique commitment to fine dentistry and our red carpet customer service, please ask them to call

(410) 828-1177 to schedule an appointment.

We are always delighted to welcome **NEW PATIENTS** who are referred by **YOU**, our cherished dental family.



## DID YOU KNOW...

In December 2018, the Doctors and Staff of **OUSBORNE & KELLER, DDS, PA** donated several toys, games, toothbrushes and toothpaste to the *Hackerman-Patz House at Sinai Hospital*. These items will be used by children/adults and their families staying at the 'House' who are undergoing treatment at the CyberKnife Center, Alvin & Lois Lapidus Cancer Institute, the Rubin Institute of Advanced Orthopedic, the Pediatric Hematology/Oncology Division, Levindale and all other LifeBridge Departments.

**OUSBORNE & KELLER, DDS, PA** welcomed the opportunity to assist this organization in their generous efforts to provide emotional, physical and financial support to those who are personally affected or graciously assisting loved ones with serious illness.



***"Kindness is like snow- It beautifies everything it covers."***

***-Kajlil Gibran-***

**OUSBORNE & KELLER**

*-an ethical approach to innovative dentistry*

***"No matter what people tell you, your words & ideas can change the world."***

***-Robin Williams-***

